



423 N. Eastern Ave, Las Vegas, NV 89101

CONCUSSION, INJURY & RETURN-TO-PLAY POLICY

Player Name: _____ Date of Birth: _____ Age: _____ Gender: _____

A. Understanding Concussions

Concussions may occur from:

- Head contact
- Body contact that caused rapid head movement
- Falls, Collisions, or impact with the ground

Symptoms may appear immediately or develop over hours. Symptoms include:

- Headache or pressure
- Confusion
- Memory issues
- Nausea/vomiting
- Dizziness or balance problems
- Sensitivity to light/noise
- Behavioral changes

B. Athlete Removal & Evaluation

FC Vegas Academy follows "When in doubt, sit them out."

If a concussion is suspected:

1. Player is removed immediately.
2. Player may not return to practice or games the same day.
3. Player requires written clearance from a licensed medical professional.

C. Return-to-Play Protocol

Player must progress through:

1. Rest
2. Light aerobic activity
3. Sport-specific drills
4. Non-contact practice
5. Full-contact practice
6. Return to play

Each step requires athlete to remain symptom-free

Parent & Player Acknowledgment

We understand that failing to report symptoms endangers the player's health.

Player Signature (recommended age 10+): _____

Signature of Parent/Guardian: _____ Date: _____